

# Handbook 2019-20

### Resources

#### **Hate Crime Reporting**

The Student Advice Centre is also an official hate crime reporting centre. You can report a hate crime in person by visiting them on Level 3 of the Students' Union, or you can call them on 0114 2228660. You can also contact them via email: Advice@sheffield.ac.uk.

#### Galop

Galop is a LGBT+ anti-violence charity. If you've experienced hate crime, sexual violence or domestic abuse, Galop is here for you. We also support lesbian, gay, bi, trans and queer people who have had problems with the police or have questions about the criminal justice system.

**6** 0800 999 5428

galop.org.uk

#### Sexual Health Sheffield - # sexualhealthsheffield.nhs.uk

#### SAYIT (Sheffield)

SAYIT provides support and social opportunities for young people who are lesbian, gay, bisexual, transgender, or affected by HIV. SAYIT works with young people aged from 12 to 25, including those who are most vulnerable or marginalised. Our range of groups provide expert practical advice, emotional support and social opportunities for those who need them – no questions asked. \*\* sayit.org.uk\*

#### LASS (Lesbian Asylum Support Sheffield)

LASS is a volunteer run organisation with the overarching aim of supporting and empowering LBTQ+ women and non binary identifying asylum seekers and refugees.

Lassheffield@outlook.com

# lassheffield.org.uk

#### Switchboard.lgbt

A general switchboard that may be able to refer you to other support lines or services that might help! # switchboard.lgbt

#### Samaritans Hotline - 4 116 123

#### **Nightline**

€ 222 8787 for listening € 222 8788 for information sheffieldnightline.co.uk

● 07786 207 208 (from 8pm to midnight) Inightline@sheffield.ac.uk

## **SU Officers**

#### Beren Maddison - Welfare Officer



Hi! I'm the SU Welfare Officer, and I represent all students to make sure that they're supported and informed on housing, money and finance, health, and their degree to make sure they have the best student experience. I will be supporting the committee in achieving their aims for this year, so you should see a lot of me throughout the year!

If you have any Welfare or LGBT+ related questions or concerns, drop me an email at welfare.officer@sheffield.ac.uk and I'll get back to you as soon as possible!

#### Rosa Tully - Women's Officer



Hi, I'm Rosa, and as Women's Officer I support all liberation groups in ensuring their needs are met within the SU and university. Beren and I will be working closely together this year to support the committee, and you can contact me at

womens.officer@sheffield.ac.uk!



The committee organises a variety of socials throughout the academic year with something to suit everyone! We have weekly evening socials teeming with people from all backgrounds, degrees and identities. At our evening socials you can expect themed nights, comedy shows, bar crawls and of course, friendly faces.

#### Non-alcoholic Socials

Alternatively, we also have our non-alcoholic 'coffee/LGBTea' socials which are held at midday. These offer a safe space for LGBT+ students to come and relax over some hot drinks and snacks in our very own LGBT+ lounge (found on the first floor of the SU).

We will also be holding craft/art socials for those students who want to exercise their creative flair and take a break from the hustle bustle of student life. Other events include a 'vintage clothes crawl' where we will stroll through a preplanned route visiting various vintage clothes shops and discovering some hidden gems!

#### Nightlife

In addition, this year we will be launching our brand NEW LGBT+ club night: Gropefruit. This will be an EDM/DJ hosted event decorated with UV lights, colour, and an inflatable grapefruit... and of course a nod to queer culture!

We will be planning city trips out too. This year we are keen to do an evening out on Manchester's Canal Street (gay village), where you will be escorted by coach before arriving for what will be a fun-filled night accompanied by other LGBT+ members.

To summarise, here on the committee we are dedicated to ensuring you have the best student experience as an LGBT+ person. We are continually thinking of new ideas and socials for you to enjoy! If you have any suggestions about what you would like to see at our socials feel free to email me at: Lgreen@sheffield.ac.uk

To stay updated with LGBT+ events join our LGBT+ at Uni of Shef Facebook group and keep an eye out for any flyers/posters around campus. We look forward to seeing you!

## Volunteering

One of the things the LGBT+ committee is involved in is running a volunteering programme where we go into schools to talk to secondary-school children about gender and sexuality. We give them the chance to talk to real LGBT+ people and ask any questions they want to ask. And that's quite a few things:

What's it like to be LGBT+ in uni?
How did your parents react?
Who's your celebrity crush?
Do you face a lot of discrimination?
Are you in a relationship?
When did you realise you were trans?
How do gay people have sex?
What does ace mean?
Can LGBT+ people have children?
What advice would you give to a young person struggling with their gender or sexuality?

If you'd like to answer these questions - clear up any confusion they have, share with them what it's like to be LGBT+, and show them the wonderful result of who you've become since secondary school - let us know!

The sign up form will be advertised through the **I** LGBT\* at Uni of Shef Facebook group and the **I** /SHEFLGBT Facebook page, or you can email **I** lgbtvolunteering@sheffield.ac.uk.

## **Trans Welfare**

LGBT+ Committee welcomes every trans and/or non binary person, and those questioning their gender identities.

The LGBT+ Committee has a dedicated Trans Welfare Officer and Antitransmisogyny rep who are here to support and represent trans students in the students union.

These committee members have their personal details on the LGBT+ Committee website # shef.lgbt or are contactable via the LGBT+ Committee email | lgbt@sheffield.ac.uk

#### **Support at Uni**

If you feel you need advice on the best way to make administrative changes, to address accommodation requirements or if you're looking for additional professional support to assist with your transition, there is someone who can help.

The Student Administration Service have a designated member of staff who can help you with all of the above.

Please contact **Administration Service** who will talk with you about the support available, manage any administration changes, and liaise on your behalf with other University departments/services as required.

#### M.Page@sheffield.ac.uk

C 0114 222 1300

Contacts have been established with colleagues in the Students' Union,

Accommodation and Campus Services and in other sections of Student Services such as Counselling Services, University Health Service and Student Support and Guidance providing a wide range of professional, academic and personal support.



sheffield.ac.uk/ssid/lgbt-students#admin

#### **General Resources**

#### **Mindline Trans+**

A confidential listening service for people who identify as trans, and non-binary people.

0300 330 5468 (Mondays and Fridays 8pm to midnight)

#### **Trans Survivors Switchboard**

Provides support and information to trans and/or non-binary people or those who are questioning, specialising in providing support to those who have experienced crime, including sexual violence, at any point in their life.



**6.** 01273 204 050 (Sundays from 3pm to 5pm)

Live web chat: ## switchboard.org.uk/projects/trans-support/trans-survivors-switchboard/

**☐** info@switchboard.org.uk

#### **Everyday Feminism's 'I think I might be trans'**

A general article with advice when questioning your gender.

everydayfeminism.com/2015/03/i-think-imight-be-trans/



#### Failedslacker's Pronoun Dressing Room

A pronoun "dressing room" for testing out new pronouns.

pronouns.failedslacker.com



## Campaigns

LGBT+ Committee has two campaigns officers - one external (to tackle issues that affect the LGBT+ community) and one internal (to tackle intracommunity issues). Campaigning to improve the lives of LGBT+ people is a cornerstone of the committee's responsibilities.

Below is an outline of the campaigning ideas that LGBT+ Committee has for the year 2019-20. We will also be holding open campaigning meetings throughout the year which any LGBT+ student can attend in order to have input on the campaigns we run and how we run them.

#### Fighting racism in the LGBT+ community

Queer, trans and intersex people of colour (QTIPOC) lie at an intersection of identities and face multiple axes of oppression which hugely impact their lives.

Stonewall recently released research showing that just over half of all black, Asian and minority ethnic LGBT people (51%) report experiencing discrimination or poor treatment within their local LGBT network because of their ethnicity. This number rises to three in five black LGBT people (61%).

The LGBT+ Committee and community as a whole need to prioritise QTIPOC and ensure that we do more to enhance the safety, comfort and flourishing of those most marginalised voices in our communities.

In order to tackle the racism within our community, we will run QTIPOC centred workshops, events and socials, commit to collaborating with BME Committee, and hold meetings with QTIPOC students to provide a space to share how LGBT+ Committee can improve and hold the committee members accountable.

#### Better LGBT+ nightlife

For many students, nightlife is an important part of life at university and beyond. This is no exception for LGBT+ people. However safely enjoying a night out can be difficult when facing homophobia and transphobia in many forms.

One of this year's LGBT+ Committee campaigns will be to work to make safer spaces for LGBT+ people. We will be rebranding and revamping the Student's Union's LGBT+ club night. We will be talking to clubs and bars around Sheffield to get a commitment to being LGBT+ friendly and proactive in making their spaces safer. We also will be supporting and collaborating with queer nightlife collectives for everyone.

#### LGBT+ history month

LGBT+ history month takes place in February each year and is one of the key focuses for committee annually. Previous committees have run vibrant and varied events to mark the occasion, from open mic nights, to film screenings, to sports events, to talks from guest speakers. It's a real opportunity for LGBT+ Committee to make ourselves visible in the SU and to network with all sorts of other societies and committees. This year we're laying the groundwork for an exciting and inclusive history month, championing the histories often sidelined such as QTIPOC and trans stories.

Keep up with campaigning news and events through our **F**/SHEFLGBT **Facebook page** and weekly newsletter!

## **Social Media**

If you want to hear about all the fantastic events our committee runs or find out more about where and when you can get involved, one of the best ways is to keep in touch with us on social media, as we have a presence in a number of places and we always keep them updated with all the latest information.

Facebook is probably one of the easiest ways to keep up to date, and you have a number of options to choose from: if you're comfortable with being openly involved, then you can like our **!** /SHEFLGBT Facebook page, or if you're maybe in the closet or prefer to keep things private then you can join our private **!** LGBT+ at Uni of Shef Facebook group - all events are posted to both groups, so don't feel you'll be missing out whichever one you go for. On Facebook there's also our discussion group, where you can post any LGBT+ related content and get in touch with other LGBT+ students.

If that's not enough or if Facebook isn't your thing, you can also feel free to follow us on Twitter at **3 algbtsu** or on Instagram at **3 algbtsu**, where we'll keep you updated on recent news and post photos from our latest events.

Finally, we have our very own website which you can find at **# shef.lgbt**, where you can subscribe to our weekly newsletter which goes around

every Sunday, find out more information about the committee and our campaigns and events, and even download a copy of this handbook if you need to!

If you have any questions, comments or suggestions about our social media or the website, feel free to get in touch with our publicity media officer Daniel at

✓ dmarshall2@sheffield.ac.uk, or just send a message to the Facebook page. It'd be great to hear from you!



Our social media page on shef.lgbt

## The LGBT+ Lounge

The LGBT+ Lounge is our designated space in the SU, situated in the Gallery Terrace. The Lounge is busiest around lunchtime on weekdays but should be open whenever the SU is. Don't hesitate to ask a member of staff for directions if you can't find us, or just ask them to direct you to Gallery Terrace if you want to be more discreet about it.

#### **Gender Neutral Toilets**

The 2011-12 Committee established a set of GNTs in the SU and through the great work of others we now have them in The Diamond.

#### What Are They?

GNTs are quite simply toilets available to people of all gender identities, any student may use these!

#### So Why Do We Need Them?

Gender isn't as black and white as male and female. Many Trans+ people face a lot of anxiety about using toilets and what some students may take for granted, can be a very stressful experience. If a Trans+ student is in the toilets and is perceived to be in the wrong place, whether it is pointed out aggressively or politely, it is a humiliating and upsetting experience. As an SU that prides ourselves on inclusivity, the GNTs are a valuable asset for removing that particular stress faced by many Trans+ students.

#### Where Are They?

The GNTs in the SU are outside the Nelson Mandela Auditorium, just down the stairs by Coffee Revs.

